

THE 34TH ANNUAL

AGING

with Developmental
Disabilities Conference



May 12-13, 2025

St. Charles Convention Center

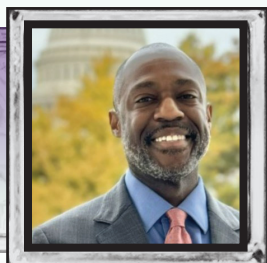
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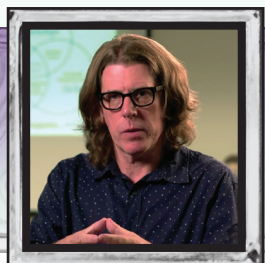


4 PLENARY SESSIONS 3 CE OPTIONS 2 DAYS 1 GOAL

DEVELOPING THE BEST SUPPORT PRACTICES FOR AGING WITH DEVELOPMENTAL DISABILITIES.



MARVELL ADAMS, JR.



JOSEPH MACBETH



DR. SELENA WASHINGTON



DR. CRAIG ESCUDÉ



KATHY PARRY

The 34th Annual Aging with Developmental Disabilities Conference is presented by:



ASSOCIATION ON AGING WITH
DEVELOPMENTAL DISABILITIES

THE 34TH ANNUAL AGING

with Developmental Disabilities Conference
May 12-13, 2025



St. Charles Convention Center

Monday, May 12

8:30 Registration/Exhibitors

9:15 Welcome Address

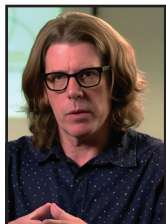
9:30 MORNING PLENARY ADDRESS:

SUSTAINING THE BACKBONE AND OXYGEN OF LTSS FOR AGING ADULTS WITH DISABILITIES-STRENGTHENING AND SUPPORTING OUR NATION'S FAMILY CAREGIVERS AND DIRECT CARE WORKFORCE

JOSEPH MACBETH, PRESIDENT & CHIEF EXECUTIVE OFFICER, NATIONAL ALLIANCE FOR DIRECT SUPPORT PROFESSIONALS (NADSP) AND



MARVELL ADAMS



JOSEPH MACBETH

MARVELL ADAMS, JR., CHIEF EXECUTIVE OFFICER, CAREGIVER ACTION NETWORK

Across the country, the increasing shortage of long-term care workers requires finding innovative ways to support aging individuals with disabilities in order to ensure that people continue to get the services they need to be optimally independent and fully included in the community. Joe MacBeth and Marvell Adams will share their observations about the challenges ahead and new solution-oriented models for building a robust, competent, and healthy direct care workforce as well as ensuring comprehensive supports for paid and unpaid family caregivers.

10:30 Break/Visit our Exhibitors

10:45 Breakout Session I

DIRECT CARE TRACK	PROFESSIONAL TRACK	MEDICAL TRACK	POTPOURRI TRACK
DECODING MALADAPTIVE BEHAVIOR: THE IMPORTANCE OF CAUSE IDENTIFICATION GWENDOLYN RODRIGUEZ MS, BCBA, DIRECTOR OF BEHAVIORAL HEALTH SERVICES BEVERLY FARM FOUNDATION Learn about contributing factors to maladaptive behaviors, such as medical issues, environmental factors, and other common behavioral triggers, and gain insight into how a clear understanding of behavior origins can lead to more targeted and sustainable solutions.	NAVIGATING GOVERNMENTAL BENEFITS FOR PEOPLE AGING WITH DD NIKKI MITCHELL, JD, OWNER, MITCHELL, BROWN & ASSOCIATES, LLC Is the person you support taking advantage of the many benefits for which they are eligible? Learn what governmental benefits are available for people with developmental disabilities who are aging and how to access them.	DEMENTIA & BRAIN CHANGES DAVID CARR, MD, PROFESSOR OF GERIATRIC MEDICINE, WASHINGTON UNIVERSITY SCHOOL OF MEDICINE This session will provide a greater understanding of dementia and explore risk factors, preventative measures, diagnosis, and current and future treatments for dementia and Alzheimer's Disease.	YOUR NEXT MOVE: TRANSITIONING TO THE NEW RETIREMENT CHRIS FREY, LCSW, INSTRUCTOR, HARVEY A. FRIEDMAN CENTER FOR AGING, WASHINGTON UNIVERSITY A person with a developmental disability, like any other person, has the option of retirement from their life in the workforce. This session will cover skills and essential elements, such as purpose, leisure, and well-being, necessary for yourself and those you support in making a successful transition to retirement and a fulfilling next chapter.

We gratefully acknowledge our sponsors:

Intellectual and Developmental
Disabilities Research Center

Washington University School of Medicine in St. Louis



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THE 34TH ANNUAL AGING

with Developmental Disabilities Conference

Monday, May 12 (continued)

11:45 Lunch (lower level)

1:00 Breakout Session II



DIRECT CARE TRACK	PROFESSIONAL TRACK	MEDICAL TRACK	POTPOURRI TRACK
ADAPTATIONS AND ACTIVITIES FOR FALL PREVENTION ISABELLE ROTH, OTD, OTR/L, MENTAL HEALTH OCCUPATIONAL THERAPIST, MAYO CLINIC Learn how to teach individuals with developmental disabilities ways to strengthen their cognition, protect their body, and modify their environment to prevent falls. Come prepared to share ideas about ways to incorporate physical and cognitive stimulation in the day to day. We will discuss home modifications for fall prevention and how to support implementation.	TRENDS IN DUE PROCESS THERESA ROBERTS, MSW, BCBA, LBA, COORDINATOR, CRISIS & BEHAVIOR SVCS FOR STATE-OPERATED DD PROGRAMS AND RACHELLE MOFFAT, PROGRAM SPECIALIST, DIV OF DD, MO DMH; KRISTIN SEMANIK, ADMINISTRATOR, IL DEPT OF HUMAN SERVICES; AMY NEMIROV, PhD, CLINICAL DIRECTOR, OFC OF DEVELOPMENTAL PROGRAMS, COMMONWEALTH OF PENNSYLVANIA A multi-state panel will discuss how different states ensure that the rights of individuals served are not restricted without due process, including successes, challenges, and lessons learned.	WEIGHT & NUTRITION IN THE OLDER ADULT WITH IDD JULIE GAMMACK, MD, CMD, FACP, PROFESSOR OF MEDICINE, SSM HEALTH/ST. LOUIS UNIVERSITY SCHOOL OF MEDICINE Older adults with IDD face unique challenges regarding weight and nutrition. This session will review risk factors, medical conditions, and medications that contribute to overweight, underweight, and malnutrition in this population. Nutritional screening and approaches to weight management will be discussed.	EPILEPSY ALONG THE LIFECYCLE: WHERE SEIZURES AND AGING INTERSECT JONATHAN WILLIAMS, MD, ASSISTANT PROFESSOR OF NEUROLOGY, WASHINGTON UNIVERSITY SCHOOL OF MEDICINE Though epilepsy can be diagnosed at any age, it most often begins in childhood or in older adulthood. This session will cover the impact of an epilepsy diagnosis across the lifecycle and will offer tools to recognize and document seizure activity.

2:00 Break/Visit our Exhibitors

2:15 Breakout Session III

DIRECT CARE TRACK	PROFESSIONAL TRACK	MEDICAL TRACK	POTPOURRI TRACK
ADVOCATING FOR YOURSELF OR YOUR LOVED ONE IN A MEDICAL SETTING KIMBERLY SCHIEL, MD, INTERIM CHAIR, DEPARTMENT OF FAMILY AND COMMUNITY MEDICINE, AND PROFESSOR, FAMILY AND COMMUNITY MEDICINE, SAINT LOUIS UNIVERSITY SCHOOL OF MEDICINE Learn how best to navigate the process of obtaining medical care for patients with IDD in the outpatient setting. Explore the flow of a typical visit from both the provider and patient perspectives. Best practices in obtaining acute and preventive care will be outlined, with a special emphasis on the role of the patient's advocate.	RELATIONAL HEALTH: THE IMPACT OF RELATIONSHIPS ON HEALTH AND STRATEGIES TO BUILD RESILIENCE KELLIE GREEN, DIRECTOR OF CHILD AND FAMILY HEALTH, CARESOURCE According to recent reports, many Americans are experiencing high levels of loneliness. Relational richness is a key contributor of health and well-being across the life course. This thought-provoking, interactive workshop will demonstrate the power of harnessing positive, strong, and nurturing relationships for growth, protection, and healing.	AUTISM SPECTRUM DISORDER & AGING DAVID BEVERSDORF MD, NEUROLOGIST AND PROFESSOR OF RADIOLOGY, NEUROLOGY, AND PSYCHOLOGICAL SCIENCES, UNIVERSITY OF MISSOURI Until recent years, there has been little research regarding autism spectrum disorder and aging. Gain insight into what is known, and how best to support an individual who is aging with autism spectrum disorder.	THE ADA & MY LIVED EXPERIENCE ANNIE ZALESKI, JOURNALIST AND NEW YORK TIMES BEST-SELLING AUTHOR An intimate look at how one self-advocate leverages her passion for music into advocacy for accessibility for all. This talk will speak to changing needs as a person ages, both from a personal experience as well as the broader perspective, and lived experience with ADA compliance.

3:15 Break/Visit Exhibitors

3:30 AFTERNOON PLENARY ADDRESS: THE ASSOCIATION OF FALLS, FUNCTIONAL OUTCOMES, AND DEMENTIA RISK SYMPTOMS IN ADULTS WITH DOWN SYNDROME

SELENA WASHINGTON, PhD, OTR/L, ASSOCIATE PROFESSOR, ST. LOUIS UNIVERSITY

Dr. Washington's plenary address will discuss the relationships between dementia risk, falls, and functional outcomes as potential early indicators of dementia risk in adults living with Down syndrome. She will share findings of her recent study that highlight the importance of integrating fall monitoring, functional assessments, and early interventions into routine care. She will explain how these things address the unique needs of adults living with Down syndrome along with supporting timely detection of dementia risk and management strategies.



DR. WASHINGTON

4:30 Conference concludes for the day



Tuesday, May 13

8:00 Registration*/Exhibitors (*Check in at Registration Desk only if you did not attend Monday)

8:15 Welcome Address

8:30 MORNING PLENARY: TOP CONCERNS FOR PEOPLE WITH IDD AS THEY AGE

CRAIG ESCUDÉ, MD, FAAFP, FAADM, PRESIDENT, INTELLECTABILITY

Can I age in place? Will I lose my vision? How will my pain be managed? This presentation will cover self-advocate and expert-identified concerns that people with IDD have as they age. Information on how to identify and address these issues will also be covered.



DR. CRAIG ESCUDÉ

9:30 Break/Visit our Exhibitors

9:45 Breakout Session I

DIRECT CARE TRACK

ARTISTIC EXERCISE FOR AGING ADULTS

VANESSA WOODS, OWNER, VITALITY IN MOTION/VITALITY BALLET

This session will present some of the latest studies in geriatric research in support of the use of dance as a credible form of wellness for seniors. Learn how these programs may benefit you or those you serve. In traditional Vitality In Motion form, don't be surprised if you find yourself dancing in your chair as you experience for yourself the power of moving to music with others.

PROFESSIONAL TRACK

UPDATE ON MISSOURI'S MASTER PLAN ON AGING

MELANIE HIGHLAND, MSW, DIRECTOR, MISSOURI DEPARTMENT OF HEALTH & SENIOR SERVICES DIVISION OF SENIOR & DISABILITY SERVICES

Join Missouri's Division of Senior & Disability Services Director as she offers insight into Missouri's Master Plan on Aging and reviews the latest draft recommendations.

MEDICAL TRACK

UNIQUE NEEDS OF AGING WITH CEREBRAL PALSY

DENA PRILUCK, DPT, PHYSICAL THERAPIST AND KATE MUETH, DPT, PHYSICAL THERAPIST, WASHINGTON UNIVERSITY PHYSICIANS

This session will review the impact of aging on adults with CP including the unique physiological factors that affect this population throughout the lifespan with an emphasis on the role of rehabilitative therapy services for health promotion and wellness across the lifespan for adults with CP.

POTPOURRI TRACK

SILENT AGING-HEARING THE UNSPOKEN WORDS

SHARON DEBOEVER, MEd, NTG REGIONAL TRAINER, NATIONAL TASK GROUP ON INTELLECTUAL DISABILITIES AND DEMENTIA PRACTICES

Words - signed, spoken, or in whatever form, are simply one tool on the communication spectrum. Those who do not have words in their skill set often find their needs and connections to others go unmet. Vocalizations and actions are misinterpreted and labeled as inappropriate or maladaptive. This is particularly true, sadly, as it relates to communicating a need related to pain, depression or anxiety. Join me to hear the unspoken words and learn to listen with your eyes.

10:45 Break/Visit our Exhibitors

11:00 Breakout Session II

DIRECT CARE TRACK

AWARENESS TO ACTION: ADVANCING HOSPICE & PALLIATIVE CARE FOR INDIVIDUALS WITH IDD

ALLYSON MCCAIN, MPA, DEPUTY DIRECTOR, KCDD AND KAYE STEVERMER, PARENT/CAREGIVER, KCDD HEALTH EQUITY AND OUTCOMES COALITION

Attendees will learn about options for accredited training programs designed to equip healthcare providers with the skills needed to deliver compassionate, person-centered, end-of-life care, as well as the educational campaign to increase awareness and access to these vital services.

PROFESSIONAL TRACK

BEST PRACTICES IN SUBSTANCE USE DISORDER TREATMENT FOR INDIVIDUALS WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES

LORI ANN ELDRIDGE, PhD, ASSISTANT PROFESSOR, EAST CAROLINA UNIVERSITY
When individuals with Intellectual and Developmental Disabilities have co-occurring Substance Use Disorder (SUD), it can be very difficult to access effective treatment for SUD. Learn about current evidence-based treatment models that can support individuals who have IDD with recovery.

MEDICAL TRACK

MONOCLONAL ANTIBODY MEDICATIONS

CRAIG SEVER, BS, RPh, CLINICAL DIRECTOR, EVERSPRING PHARMACY

This session will discuss the increased prevalence of the use of monoclonal antibody medications, what they are and how they are currently being used in the treatment of certain types of dementias. Additionally a brief overview of the various types of dementia will be discussed.

POTPOURRI TRACK

PROJECT PRESENT

ANN MARIE MOHR, EXECUTIVE DIRECTOR, PROJECT PRESENT

This presentation will focus on improving the quality of life for older adults aging with a developmental disability, caregivers, and individuals living with dementia through strengthening communication practices and exploring the application of improvisation. The presentation will help individuals acquire a new set of verbal and nonverbal tools to create meaningful connection, cultivate creativity, and promote opportunities of joyful collaboration.



Tuesday, May 13



12:00 Lunch and Awards Presentations (lower level)

34th Annual Aging with Developmental Disabilities Conference Award Opportunities



THE ALLENE M. JACKSON AWARD originated in 2003 in honor of AADD's founding Executive Director, Allene M. Jackson, who led the agency from 1989 to 1995. Jackson was a founding member of a Special Interest Group, from which the Association on Aging with Developmental Disabilities was formed. Her vision and commitment helped to pave the way for people aging with developmental disabilities. This award is given to direct care staff who have demonstrated a commitment to excellence in their work with a person or persons who are at least 50 years of age and have a developmental disability.

THE DR. JOHN E. MORLEY AWARD, originated in 2017, is named after the inaugural recipient, Dr. John E. Morley. Dr. Morley is one of the nation's foremost authorities on geriatrics. Having received his medical degree from the University of Witwatersrand in South Africa, he has been the Dammert Professor of Gerontology and the Director of the Division of Geriatric Medicine, Department of Internal Medicine at Saint Louis University Medical Center since 1989. He also served as the Director of the Division of Endocrinology at Saint Louis University Medical Center since 2006. He retired in June 2022. The Dr. John E. Morley award is given to honor individuals who show commitment and leadership in reducing barriers and/or creating new opportunities for persons who are at least 50 years of age and have a developmental disability. Eligible recipients are doctors, nurses, social workers, administrators, and management professionals who have followed in Dr. Morley's path in opening doors for this population.



1:15 Breakout Session III

DIRECT CARE TRACK	PROFESSIONAL TRACK	MEDICAL TRACK	POTPOURRI TRACK
THE POWER OF ROUTINE: BASIC AM & PM CARE FOR PEOPLE AGING WITH DEVELOPMENTAL DISABILITIES FELICIA HAMPTON, RN, HEALTH OCCUPATION INSTRUCTOR, SAINT LOUIS PUBLIC SCHOOLS This session highlights the importance of integrating personal care into daily routines for people with developmental disabilities. Discover how these practices enhance comfort, establish structure, and improve mood during the day and sleep quality at night, while promoting hygiene, independence, and dignity. Practical strategies for effective routine implementation will be shared.	LEVERAGING TECHNOLOGY & INNOVATION TO ADDRESS CHALLENGES IN DIRECT CARE MICHAEL STROUSE, PhD, PRESIDENT & CEO, AND MEGAN MCKINNEY TODD, CHIEF STRATEGY & INTEGRATIONS OFFICER, GOODLIFE INNOVATIONS, INC. This session will dive into the shift toward cutting-edge technology-driven care models and offer a comprehensive toolbox to address and ensure organizational stability. Learn specific and practical proven strategies and methodologies to ensure your workforce positions are filled.	CANNABIDIOL (CBD) IN AGING AND DD: MYTHS, EVIDENCE, AND CLINICAL PEARLS CHRIS HERNDON PHARM.D., BCACP, FASHP, FCCP, PROFESSOR, PHARMACY PRACTICE, SCHOOL OF PHARMACY, SOUTHERN ILLINOIS UNIVERSITY EDWARDSVILLE Gain an evidence-based understanding of CBD, its pharmacology, safety profile, and legal considerations. Special attention will be given to its use in aging populations and individuals with developmental disabilities, addressing both potential benefits and risks. Attendees will leave with practical strategies for counseling patients and caregivers on CBD use in these unique populations.	EXPLORING SEXUAL HEALTH WITH SELF-ADVOCATES TIA NELIS, SELF-ADVOCATE ENGAGEMENT COORDINATOR, TASH Learn about the importance of promoting sexual education and advocacy training for self-advocates, and to discuss different approaches and strategies for helping individuals with I/DD explore their sexuality in healthy and positive ways. We will define sexual self-advocacy and sexual health, explore myths about people with I/DD and sexuality, understand what people with I/DD need and want for sexuality and relationship education, and discuss the statistics and need for sexuality education.

2:15 Break/Visit our Exhibitors

2:30 AFTERNOON PLENARY: JOY JOLT - IGNITE YOUR CULTURE WITH PURPOSE

KATHY PARRY, CSP, CORPORATE ENERGY EXPERT, SPEAKER, AND AUTHOR

Professionals who work with individuals with IDD are often drained of energy. That will not change because the responsibility of caring for others, workforce issues and changing regulations affect even the strongest teams. But that low energy can creep into your culture and negatively affect clients. So how do teams stay energized, productive and engaged? Elevate the motivator behind the energy: Joy. Not just a feel-good word, joy ignites purpose and propels teams to serve at their highest level. Like a big mug of morning coffee, Kathy Parry provides a jolt of power to ignite your joy and tactics to transform your culture into one that leads with joyful purpose.



Kathy Parry

3:30 Conference concludes. Submit survey and continuing education paperwork.





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REGISTER ONLINE BY CLICKING HERE or scan the QR code.

PAYING BY CREDIT CARD? 4% Transaction fee will apply.

Registration Fees

- \$275 Conference Fee (early registration)
- \$265 Conference Fee per person for organizations sending 5 or more participants (early registration)
- \$300 Conference Fee for registrations received after April 7, 2025
- \$290 Conference Fee per person for organizations sending 5 or more registrations received after April 7, 2025
- \$ 55 Up to 10 continuing education hours for the following professions: LCPC, LCP, LCSW, LNHA, LOT, LOTA, LPTA, LPC, LSW, RN, LPN, APN

No refunds or changes from virtual to in-person attendance after April 7, 2025.

By registering for this conference, you consent to the use of your name, picture, likeness, film clip, voice recording, and other media-based material to develop marketing materials to be used by AADD and you grant permission for AADD to share your name and contact information with other conference attendees and vendors unless written revocation of your consent is received by AADD prior to May 7, 2025.

Continuing Education Hours

For more information regarding continuing education hours, email aaddconference@agingwithdd.com or call 314-647-8100. Attendees will receive a certificate of attendance upon request. Continuing Education applications to obtain contact hours will be submitted to:

- Ohio Dept of Developmental Disabilities Ohio Board of Nursing Approver Unit for continuing education (OBN-010-93).
- Missouri Division of Professional Registration Committee for Social Workers
- Illinois Department of Human Services (LCPC, LCP, LCSW, LNHA, LOT, LOTA, LPT, LPTA, LPC, LSW, RN, LPN, APN)

Please bring your license/certification number to the conference. In the event of late arrival or early departure, amended certificates indicating the actual number of credit hours earned will be provided. For those attending remotely, CE hours of attendance are tracked by the Whova Conference app. This conference will qualify for continuing education hours as required by many national, state, and local licensing boards and professional organizations. Save your course outline, certificate of completion, and contact your specific organization for filing requirements. This conference contains intermediate level content.

Hotel Accommodations



Click here for discounted hotel accommodations, available at the Embassy Suites by Hilton St. Louis St. Charles (attached to the St. Charles Convention Center) until April 7, 2025

or call to make your hotel reservation directly at 800-EMBASSY.

Visit www.discoverstcharles.com for additional accommodations and area attractions.

Refunds

Refunds will be offered until April 7, 2025, even if one cannot attend due to illness. No refunds will be offered due to technical issues, as sessions will be recorded and posted in the Whova application for viewing up to 14 days after the conference. AADD reserves the right to offer the conference only by video-conference if circumstances warrant.

Questions?

Call (314) 647-8100

Email aaddconference@agingwithdd.com

or visit www.agingwithdd.org

We look forward to seeing you!