



The 28th Annual Aging with Developmental Disabilities Conference May 21-22, 2018

www.agingwithdd.org

St. Charles Convention Center
#1 Convention Center Plaza
St. Charles, MO 63303
AADD Contact Info:
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SAINT LOUIS UNIVERSITY
SCHOOL OF NURSING



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IDDRC

Intellectual and Developmental Disabilities Research Center

the 28th Annual **AGING** with Developmental Disabilities Conference May 21-22, 2018



Conference Location

St. Charles Convention Center
#1 Convention Center Plaza, St. Charles, Missouri 63303

For More Information

Contact AADD at (314) 647-8100
www.agingwithdd.org

Monday, May 21

8:30 Registration/Exhibitors

9:30 KEYNOTE ADDRESS: The Psychology of Hoarding and How to Support an Aging Person with DD Who Hoards



Dr. Max Zubatsky

MAX ZUBATSKY, PhD, LMFT, SAINT LOUIS UNIVERSITY

While greater awareness has been given toward hoarding and cluttering in our society, little has been addressed around what family members and others can do to help an aging adult with these problems. Without adequate assessment, treatment, and support interventions, hoarding will continue to remain a critical public health concern in America. Attend this session to learn skills and resources you can use to address hoarding issues for those with whom you work.

10:30 Break

10:45 Breakout Session I

DIRECT SERVICE TRACK A	PROFESSIONAL TRACK B	NURSING TRACK C	POTPOURRI TRACK D
TEACHING STRATEGIES: USING EVIDENCED-BASED PRACTICES Michael Kiener, PhD, CRC, Maryville University Staff who work with people with developmental disabilities who are aging often need to find creative ways to assist the individuals they support in maintaining existing skills, meeting goals and outcomes and developing skills for independence. Explore the most current research on Evidence-Based Practices (EBP).	HIRING, RETAINING, AND MOTIVATING DIRECT CARE STAFF Cynthia L. Mueller, PhD, Licensed Psychologist Learn what works (and what doesn't) to recruit, train, and keep the best staff who have the skills needed to support people with developmental disabilities as they age.	ASPIRATION & CHOKING Craig Escudé, MD, Mississippi Department of Mental Health Hudspeth Regional Center and Sherry Neal, RN-BC, CDDN, Health Risk Screening, Inc. This session will provide opportunities to learn how aging impacts aspiration and choking as well as steps that caregivers can take to prevent either from occurring.	OBSERVATION SKILLS CAN SAVE A LIFE Janet Whitworth, DNP, APRN, FNP-BC, Barnes-Jewish Hospital Recognizing when someone needs medical care is critical to maintaining health as we age. Learn to use your senses to identify changes that may require medical attention for those in your care.

We gratefully acknowledge our sponsors:



Intellectual and Developmental Disabilities Research Center



the 28th Annual **AGING**

with Developmental Disabilities Conference



Monday, May 21 (continued)

11:45 Lunch

1:00 Breakout Session II

DIRECT SERVICE TRACK A	PROFESSIONAL TRACK B	NURSING TRACK C	POTPOURRI TRACK D
DELIVERING POSITIVE LAW ENFORCEMENT CRISIS INTERVENTION Sgt. Jeremy Romo, MA, St. Louis County Police Department Learn about the training that law enforcement receives to more effectively work with people with differing abilities, including commonly used resources in crisis intervention, so that law enforcement and individuals can more successfully interact with one another.	POLITICAL ADVOCACY FOR THE INDIVIDUALS YOU SUPPORT: MEDICAID, MEDICARE, AND MORE Ed Weisbart, MD, CPE, FAAFP, MO Chapter of Physicians for a National Health Program Learn the compelling evidence of the value of Medicaid, both clinical and economic, and understand how to best protect Medicare for all Americans, including the elderly and disabled.	INCLUSION INCLUDES HOSPICE Holly Wamser, MSN, RN, BJC Hospice Explore the benefits of hospice services for individuals with developmental disabilities, potential barriers to providing hospice care, and techniques to overcome them.	TELECARE/REMOTE MONITORING Jeff Grosvenor, 2Gether Tech Assistive technology provides a safe, cost effective alternative to supporting individuals in their own homes. Learn about a cost-effective alternative to ensure a safe, independent, and respectful home environment.

2:00 Break

2:15 Breakout Session III

DIRECT SERVICE TRACK A	PROFESSIONAL TRACK B	NURSING TRACK C	POTPOURRI TRACK D
WHERE EVERYBODY KNOWS YOUR NAME Anita Contreras, MSW, Warren County DD Board and Nancy Shrewsbury, MSN, SLUCare Physician's Group Learn how to open doors in our community and ensure that individuals participate in meaningful activities.	OUTCOMES – TECHNOLOGY IN DOCUMENTATION; EVIDENCED-BASED FUNDING Jeff Case, PMP, Therap Learn about recent developments in Individual support documentation and reporting, electronic health records (EHR) and training management from a technology leader in the developmental disabilities field.	FIVE FATAL (PLUS ONE) Craig Escudé, MD, Mississippi Department of Mental Health Hudspeth Regional Center and Sherry Neal, RN-BC, CDDN, Health Risk Screening, Inc. There are five conditions (plus one) that are more likely to result in death or health deterioration for persons with developmental disabilities. This session will allow attendees to identify why aging may increase the risk of developing one or more of the fatal five and understand the need for close observation of the aging population.	REDUCING DISABILITY IN DEMENTIA—KANSAS CITY (RDAD-KC): YEAR ONE UPDATE Kelli Barton, PhD, UMKC Institute for Human Development and Eric Vidoni, PT, PhD, University of Kansas Medical Center Learn about successes and challenges in implementing the project titled, “Kansas City Collaborative to Enhance Access to Physical Activity and Behavioral Supports for Individuals with Alzheimer’s Disease and Related Dementias,” and increase knowledge of implementing the RDAD program.

3:15 Break

3:30 Breakout Session IV

DIRECT SERVICE TRACK A	PROFESSIONAL TRACK B	NURSING TRACK C	POTPOURRI TRACK D
ADAPTIVE ENVIRONMENTS FOR AGING IN PLACE AND DEMENTIA Kari Burch, OTD, OTR/L and Sheila Lynch, OTR/L, Memory Care Home Solutions Learn how to recognize the impact of dementia-related cognitive and behavioral impairments on independence and safety in the home environment. What are the barriers, and what modifications can be made to help maintain independence?	SPIRITUALITY Kate Fox, MA, Spiritual Director Attendees will increase their awareness of the need to attend to their own spiritual lives. Spiritual practices that encourage open-hearted and centered presence will be explored.	EPILEPSY AND AGING Lawrence N Eisenman, MD, PhD, Washington University School of Medicine To be considered a developmental disability, epilepsy must be diagnosed prior to age 22. However, individuals with developmental disabilities may also be diagnosed with seizure disorder later in life. Learn what is new in the field of aging with epilepsy.	ATTENTION PLEASE: ADDRESSING COGNITIVE GOALS USING MUSIC Mary Hitchcock-Reinhart, MT-BC, NMT Fellow, Ranken Jordan Pediatric Bridge Hospital Participants will learn interventions, using music to address cognitive goals for individuals who are aging with a developmental disability.

4:30 Conference concludes for the day



Tuesday, May 22

8:00 Registration/Exhibitors

8:30 KEYNOTE ADDRESS: AUTISM & AGING

JOSEPH PIVEN, MD, CAROLINA INSTITUTE FOR DEVELOPMENTAL DISABILITIES AT UNIVERSITY OF NORTH CAROLINA AT CHAPEL HILL AND LAURA KLINGER, PHD, TEACCH AUTISM PROGRAM AT UNIVERSITY OF NORTH CAROLINA AT CHAPEL HILL

At the end of this keynote presentation, audience members will understand the increased risk of neurological and psychiatric disorders of elderly people with autism spectrum disorder.



Dr. Joseph Piven



Dr. Laura Klinger

9:30 Break

9:45 Breakout Session I

DIRECT CARE TRACK A	PROFESSIONAL TRACK B	NURSING TRACK C	POTPOURRI TRACK D
AGING WITH I/DD: IS SEXUALITY RELEVANT? Christina Meneses, MSW, YWCA Sexual Health and Disability Education program Increase your knowledge regarding how sexuality education can benefit adults aging with developmental disabilities. Additionally, learn about available resources to create a sexuality education program at your organization.	CONTINUATION OF AUTISM & AGING Joseph Piven, MD, Carolina Institute for Developmental Disabilities at University of North Carolina at Chapel Hill and Laura Klinger, PhD, TEACCH Autism Program at University of North Carolina at Chapel Hill Join this more in-depth follow-up to the keynote presentation on elderly people with autism spectrum disorder.	MEDICAL OR BEHAVIORAL? WHY DETERMINING THE DIFFERENCE CAN AVOID UNNECESSARY MEDICATIONS IN THE AGING DD POPULATION Craig Sever, RPh, Everspring Pharmacy Many behavioral issues are misdiagnosed or undiagnosed medical issues. Join this session to learn how to better evaluate clients to accurately identify the source of their problem to avoid unnecessary medications.	IT'S ALL ABOUT THE PROCESS; MAKING ART AND COMMUNITY AT LIVING ARTS STUDIO Jeremy Rabus, BFA, Living Arts Studio/ VSA Arts of Missouri Join a local artist from Living Arts Studio for a talk and experimental art activity regarding the process of art and mark making, exploring the concept of process vs. product and how that relates to all persons regardless of age or ability.

10:45 Break

11:00 Breakout Session II

DIRECT CARE TRACK A	PROFESSIONAL TRACK B	NURSING TRACK C	POTPOURRI TRACK D
SUPPORTING AGING PARENTS Sharon Spurlock, BA, St. Louis Arc Increase understanding of the perspective of aging parents of persons with developmental disabilities. Learn how to use futures planning resources to guide LifeCourse conversations with aging parents.	WHAT TO DO WHEN THE ATTORNEY CALLS Martha Brown, JD, CELA, Martha C. Brown & Associates, LLC This session will cover the different legal terms and processes that a professional may encounter in their work with aging individuals with developmental disabilities.	OPPORTUNITIES FOR ORAL HEALTH IN MISSOURI John Dane, DDS, FAAHD, DABSCD, Missouri Department of Health and Senior Services This session will cover the state of Oral Health for Persons with Disabilities in Missouri, training opportunities to increase the number of dental providers, and how TeleHealth can impact access to care for persons with developmental disabilities.	ASSESSING DEMENTIA IN ADULTS WITH DOWN SYNDROME Christina Lessov-Schlaggar, PhD, Washington University School of Medicine Participants will learn how to integrate knowledge of the elevated risk of dementia in the Down syndrome population into their practice and will appreciate the dearth in knowledge about the behavioral assessment and neurobiology of dementia in Down syndrome.

12:00 Lunch and Award Presentations

1:15 Breakout Session III

DIRECT CARE TRACK A	PROFESSIONAL TRACK B	NURSING TRACK C	POTPOURRI TRACK D
DISASTER PREPAREDNESS FOR PEOPLE WITH DEVELOPMENTAL DISABILITIES WHO ARE AGING Beckie Gierer, MS, MO Department of Mental Health Office of Disaster Services Learn about the emotional impact of disasters, what emergency plans exist, and how to support the behavioral health needs of survivors.	COMPANIONING THE GRIEVING Dorothy M. Gannon, MDiv, Bethesda Hospice Care Participants will know the basic components of grief, understand types of grief and be able to identify complicated grief and learn basic strategies to support people who are grieving.	BREAST CANCER SCREENING—WHO, WHEN, WHY, AND HOW? Amy Cyr, MD, FACS, Siteman Cancer Center at Washington University School of Medicine Learn best practices in early detection of breast issues in aging men and women with developmental disabilities, including treatment options, explaining diagnosis and treatment in simple terms to the person with an intellectual disability.	HEAD INJURY AND AGING: STRATEGIES TO PRESERVE INDEPENDENCE Debbie Dinzebach, OTR/L, The Center for Head Injury Services This session will cover strategies to preserve independence for someone who is aging with a head injury, including how to assess the individual's needs, wants and strengths to contribute to success, and how to understand the brain and how a brain injury impairs daily functioning.

2:15 Break

2:30 POSTNOTE: BETTER TO BE KIND THAN RIGHT: COMMUNICATION & DEMENTIA CARE

JANIS MCGILICK, MSW, LNHA, DOLAN MEMORY CARE HOMES

Effective communication is critical to providing supports for those with dementia. Participants will learn various communication therapies and best practices for successful engagement.

3:30 Conference concludes

The conference planning committee has selected speakers who are experts in their field. Speakers are solely responsible for the content of their presentation.

28th Annual AADD Conference Registration Information

Don't miss this opportunity!



**Click HERE to
REGISTER ONLINE
NOW**



Fees (includes registration, materials, and lunch)

Early Registration (until May 3, 2018)	\$195 Conference Fee
	\$185 Conference Fee per person for organizations sending 5 or more participants
Late Registration (after May 3, 2018)	\$215 Conference Fee
	\$205 Conference Fee per person for organizations sending 5 or more participants
CEU cost	\$ 35 Additional Fee if Requesting CEUs

Location

St. Charles Convention Center
#1 Convention Center Plaza
St. Charles, MO 63303

Click here for directions



Continuing Education Hours (pending approval)

- **10 CEU Contact Hours for Missouri Nurses.**
Saint Louis University School of Nursing is an approved provider of continuing nursing education by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.
Midwest Multistate Division provider #118-II Nursing Contact Hours: pending
- **10 Social Work Clock Hours for Missouri Social Workers.**
Application has been submitted to the NASW-Missouri Chapter and is pending for pre-approval of Social Work clock hours.
- **10 MO Nursing Home Administrators Contact Hours**
- **10 CEU Hours for Illinois LNHA, LCPC, LPC, LSW, PT, OT, QIDP, RN**
For more information regarding contact hours, please call 314-647-8100.
All attendees will receive a certificate of attendance upon request.

Accommodations

Discounted hotel accommodations are available at the Embassy Suites (attached to the Convention Center) until May 7, 2018, or you may visit www.historicstcharles.com for additional accommodations and area attractions.



Note: Please call 314-647-8100 with any other requests.

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