The 25th Annual Aging with Developmental Disabilities Conference
May 18-19, 2015

www.agingwithdd.org
St. Charles Convention Center
#1 Convention Center Plaza
St. Charles, MO 63303
AADD Contact Info: agingwithdd@msn.com
Phone (314) 647-8100

Contact Hours pending
Monday, May 18

8:30   Registration/Exhibitors
9:30   KEYNOTE ADDRESS:

AGING WELL WITH DEVELOPMENTAL DISABILITIES

Joseph H. Flaherty, MD, Assistant Program Director
Geriatric Medicine Fellowship Program, St. Louis University Division of Geriatric Medicine

Explore and understand what we need to look for to ensure the best health and wellness for people with developmental disabilities who are aging.

10:30 Break
10:45 Breakout Session I

BASIC TRACK A
AGING: THE BIG PICTURE
Carolyn Philpot, GNP
St. Louis University School of Medicine
Learn about the normal, healthy process of aging, the changes that typically occur in our systems, and what changes could be cause for concern in people with developmental disabilities as they age.

PROFESSIONAL TRACK B
EXPLORING HOW OLDER ADULTS WITH DD LEARN TO SUCCESSFULLY AGE IN PLACE
Tina Grosso, MA, Instructor of Gerontology
Lindenwood University
This session is a program evaluation looking at Andragogical techniques. What can you take from this study that will help promote independence in people with developmental disabilities who are aging?

MEDICAL TRACK C
DOWN SYNDROME AND AGING
Stacey Laughlin, LMSW
Albert Pujols Wellness Center for Adults with Down Syndrome
Explore typical physical and mental changes in people with Down Syndrome through the aging process.

11:45 Lunch
1:00   Breakout Session II

BASIC TRACK A
DEMENTIA AND DEVELOPMENTAL DISABILITIES
(This session meets CARF requirement)
Carolyn Philpot, GNP
St. Louis University School of Medicine
Learn about the unique and changing needs of a person with dementia. Explore how to support someone experiencing cognitive, physical, and social changes while preserving their dignity and individualism.

PROFESSIONAL TRACK B
GRIEF SUPPORT FOR PEOPLE AGING WITH DD
Tere Owens, MSW, LCSW
Bridges Community Support Services
At some time, we all experience loss of loved ones, loss of status, loss of well being. Increase understanding of how people with developmental disabilities grieve and learn strategies how best to provide support through the grieving process.

MEDICAL TRACK C
WOUND CARE: PREVENTION AND HEALING
Julie Gammack, MD, CMD
St. Louis University School of Medicine
As we age, our skin changes. Learn about the prevention of skin breakdown, what to do when it happens, and different treatment strategies.
Monday, May 18 (continued)

2:00  Break
2:15  Breakout Session III

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<th>BASIC TRACK A</th>
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<th>MEDICAL TRACK C</th>
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<tr>
<td>EQUIPPED FOR SUCCESS: SAFE USAGE OF ADAPTIVE EQUIPMENT</td>
<td>SOCIAL SECURITY: LITTLE KNOWN FACTS/ISSUES</td>
<td>MEDICATIONS, THEIR SIDE EFFECTS, AND HOW THEY IMPACT AN AGING INDIVIDUAL</td>
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<td>Sarah Edler, MS, CCC-SLP/DOR Life Care Centers of St. Louis</td>
<td>Martha C. Brown, JD, CELA Martha C. Brown &amp; Associates, LLC</td>
<td>Patty Frieda, RPh, CCN Neels Pharmacy and Wellness Center</td>
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<td>Adaptive equipment can make the difference between independence and reliance on others. Learn about what is available.</td>
<td>Are the people you are supporting receiving their full benefit? Explore benefit packages for people with developmental disabilities who are aging and learn about where we can provide better supports.</td>
<td>This session looks at medication therapy management and medication compliance: Providing the right medication, the right person, the right time, the right route, for the right reasons.</td>
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3:15  Break
3:30  Breakout Session IV

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<td>URINARY INCONTINENCE</td>
<td>HEALTHY STEPS: MOVING YOU TO BETTER HEALTH WITH THE LEBED METHOD</td>
<td>DEPRESSION IN INDIVIDUALS WITH DEVELOPMENTAL DISABILITIES</td>
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<td>Kathleen LoBello, MSN, ANP, BC St. Louis University School of Nursing</td>
<td>Laura Dowell, PT, CLMT Alexian Brothers PACE</td>
<td>Peggy Szwabo, PhD, ACSW, LCSW, BCD Szwabo &amp; Associates</td>
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<td>People take bladder control for granted, until there is an issue. Learn about good urinary tract health.</td>
<td>Explore the use of movement and dance to promote emotional, cognitive, social, behavioral, and physical well-being.</td>
<td>Depression is easily missed and misdiagnosed, especially in people with developmental disabilities. Learn to identify indicators and take action.</td>
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4:30  Conference concludes for the day
Tuesday, May 19

8:00  Registration/Exhibitors

8:30  KEYNOTE ADDRESS: AGING ACROSS THE LIFESPAN
Shel Reynolds, PhD, Director, Individual Advocacy and Family Support, UMKC Institute for Human Development
AGING BEGINS THE DAY WE ARE BORN. This session will focus on the importance of events leading up to the aging process for individuals with developmental disabilities and how policies are designed to respond. Learn about this Life Course perspective and how services and supports are provided.

9:30  Break

9:45  Breakout Session I

10:45  Break

11:00  Breakout Session II

12:00  Lunch and Award Presentations

1:15  Breakout Session III

2:15  Break

2:30  POSTNOTE: HOW TO PREPARE OUR BABY BOOMERS FOR THEIR GOLDEN YEARS!
Carolyn Philpot, GNP, St. Louis University School of Medicine
We are all aging! As the Baby Boomer generation is reaching retirement, we are seeing aging in a new way. How do we prepare?

3:30  Conference concludes
25th Annual AADD Conference Registration Form

Name

Organization

Home or Business Address

Email ___________________________ Telephone _______________ Fax _______________

Please indicate any special needs or accommodation requests below. Requests must be made by May 1, 2015.

Registration Fee (includes instruction, materials, and lunch)

☐ $175 Conference Fee (early registration)
☐ $ 35 Additional Fee if Requesting CEUs
☐ $195 Conference Fee for registrations received after May 1, 2015.
☐ $165 Conference Fee per person for organizations sending 5 or more participants
☐ $120 Self Advocate Fee (sessions designated for consumers run concurrently.)

Please check the sessions you will attend and circle the breakouts of your choice.

Day One: Monday, May 18th

☐ Keynote
☐ Breakout Session I: A  B  C
☐ Breakout Session II: A  B  C
☐ Breakout Session III: A  B  C
☐ Breakout Session IV: A  B  C

Day Two: Tuesday, May 19th

☐ Keynote
☐ Breakout Session I: A  B  C
☐ Breakout Session II: A  B  C
☐ Breakout Session III: A  B  C
☐ Postnote

Please duplicate this form and submit a separate registration form for each participant or register online.

No refunds after May 8, 2015. Please visit our website at www.agingwithdd.org for more information.

Amount Enclosed $________________________  Purchase Order # __________________________

Contact Hours Pending Approval:
• 10 CEU Hours for Illinois LNHA, LCPC, LPC, LSW, PT, OT, QIDP, RN
• 10 CEU Contact Hours for Missouri Nurses. Saint Louis University School of Nursing is an approved provider of continuing nursing education by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Midwest MSD provider #118-II  Nursing Contact Hours: pending
• 10 Social Work Clock Hours for Missouri Social Workers. Application has been submitted to the NASW-Missouri Chapter and is pending for pre-approval of Social Work clock hours.

For more information regarding contact hours, please call Pamela Merkle at 314-647-8100.
All attendees will receive a certificate of attendance upon request.

Please make checks payable to AADD and send to 2385 Hampton, Suite 110, St. Louis, MO 63139

Hotel accommodations available at Embassy Suites, 866-460-7456 and refer to room block for AADD or visit www.historicstcharles.com for additional accommodations and area attractions.

RESERVE your room online! Click HERE!

Questions?
Call (314) 647-8100 or email agingwithdd@msn.com