



27th Annual

Aging with Developmental Disabilities Conference

May 22-23, 2017

co-sponsored by

www.agingwithdd.org

St. Charles Convention Center
#1 Convention Center Plaza
St. Charles, Missouri 63303
AADD Contact Info:
agingwithdd@msn.com
Phone (314) 647-8100
Contact Hours pending



SAINT LOUIS UNIVERSITY
SCHOOL OF MEDICINE

SAINT LOUIS UNIVERSITY
SCHOOL OF NURSING



27th Annual AGING

with Developmental Disabilities Conference
May 22-23, 2017



Conference Location

St. Charles Convention Center
#1 Convention Center Plaza, St. Charles, Missouri 63303

For More Information

Contact AADD at (314) 647-8100
www.agingwithdd.org

Monday, May 22

8:30 Registration/Exhibitors

9:30 KEYNOTE ADDRESS:



Dr. John E. Morley

Recognizing Functional Problems in Adults with Developmental Disabilities

JOHN E. MORLEY, MB., BCH, DAMMERT PROFESSOR OF GERONTOLOGY, SAINT LOUIS UNIVERSITY SCHOOL OF MEDICINE

Recognizing Changes: This session will provide examples of easy care and rapid geriatric assessments as methods of recognizing functional syndromes in persons with developmental disabilities.

10:30 Break

10:45 Breakout Session I

BASIC TRACK A	PROFESSIONAL TRACK B	MEDICAL TRACK C	POTPOURRI TRACK D
ENJOYING YOUR LEISURE TIME <i>Susan Fleming, BSW</i> Recreation Council of Greater St. Louis Learn the what, where, and why! Attendees will learn what leisure time is and how to support people who are aging to use their leisure time engaging in various rewarding activities.	STAFF RETENTION AND MOTIVATION <i>Cynthia L. Mueller, PhD,</i> Licensed Psychologist Looking for the right staff? Learn what is needed to recruit, train, and keep the best staff that have the skills needed to support people with developmental disabilities who are aging: what works and what doesn't.	DENTAL PROFESSIONAL TRAINING <i>John Dane, DDS, FAAHD, DABSCD</i> Missouri Department of Health and Senior Services The objective of this presentation is to provide information on the barriers to dental care experienced by older persons with ID/DD in Missouri and tools to address these needs.	LEARNING STYLES FOR OLDER ADULTS WITH DEVELOPMENTAL DISABILITIES <i>Tina Grosso, EdD</i> Lindenwood University Increase awareness of different learning styles and the different teaching approaches that can be used to enhance learning for older adults with DD.

We gratefully acknowledge our sponsors:

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Monday, May 22 (continued)

11:45 Lunch

1:00 Breakout Session II

BASIC TRACK A	PROFESSIONAL TRACK B	MEDICAL TRACK C	POTPOURRI TRACK D
<p>ADVOCACY IN INSTITUTIONAL SETTINGS: A LONG TERM CARE PERSPECTIVE <i>Chien Y. Hung, MSW, MA-G, RYT, VOYCE</i> Gain an understanding about long term care settings, as well as how to advocate for LTC residents who have an intellectual disability.</p>	<p>LET'S TALK ABOUT SEX <i>Gwendolyn RP Rodriguez, MS, and Cody Bultry-Hinkle, BS, QIDP</i> <i>Beverly Farm Foundation</i> Learn about sexuality in the ID/DD population and how to integrate effective teaching methods and listening methods into practice.</p>	<p>NOT ANOTHER PILL! TIPS FOR AVOIDING POLYPHARMACY IN THE ELDER YEARS <i>Lisa Brown, RN</i> <i>HealthDirect Pharmacy</i> Gain an increased understanding of medication-related issues and identify possible alternatives to inappropriate or excessive medications in the geriatric and developmental disability population.</p>	<p>AGING WITH CP <i>Babu Dandamudi, MD</i> <i>St. Anthony's Medical Center</i> What makes aging with Cerebral Palsy different from the general population? Learn why and how the aging process may differ and how to provide needed supports.</p>

2:00 Break

2:15 Breakout Session III

BASIC TRACK A	PROFESSIONAL TRACK B	MEDICAL TRACK C	POTPOURRI TRACK D
<p>ABC'S OF EMERGENCIES FOR SPECIAL NEEDS CAREGIVERS <i>Randall J. Davis, BBA, NREMT</i> <i>St. Francois County Ambulance District</i> Examine past and possible events to motivate the preparedness process and know how to prepare for and respond to emergencies and disasters.</p>	<p>PROTECTING HUMAN RIGHTS WHILE MANAGING PROBLEM BEHAVIOR IN INDIVIDUALS WITH DEVELOPMENTAL DISABILITIES <i>Gwendolyn RP Rodriguez, MS</i> <i>Beverly Farm Foundation</i> Learn about behavior management techniques that may restrict an individual's rights and now to remedy those restrictions.</p>	<p>DEPRESSION IN INDIVIDUALS WITH DEVELOPMENTAL DISABILITIES <i>Peggy Szwabo, PhD, ACSW, LCSW, BCD</i> <i>Szwabo & Associates</i> Depression is easily missed and misdiagnosed, especially in people with developmental disabilities. Learn to identify indicators and take action.</p>	<p>IMPACTFUL NUTRITION FOR WEIGHT AND BLOOD GLUCOSE CONTROL <i>Debra Schumer, MA, RD, LD</i> <i>Midwest Nutrition Specialists Consultant</i> In this session, learn and discuss strategies on how to assist people with appropriate carbohydrate selections with outcomes of weight and blood glucose control.</p>

3:15 Break

3:30 Breakout Session IV

BASIC TRACK A	PROFESSIONAL TRACK B	MEDICAL TRACK C	POTPOURRI TRACK D
<p>GOVERNMENT BENEFITS 101 <i>Martha C. Brown, JD, CELA</i> <i>Martha C. Brown & Associates, LLC</i> Does the person you support have their financial affairs in order? Learn about what benefits are available for people with developmental disabilities who are aging and how to access them.</p>	<p>COMPANIONING THE GRIEVING <i>Dorothy M. Gannon, MDiv</i> <i>Bethesda Hospice Care</i> Participants will know the basic components of grief, understand types of grief and be able to identify complicated grief, and learn basic strategies to support people who are grieving.</p>	<p>MO NURSE PRACTICE ACT (NPA) AND DELEGATION 2017 <i>Debra Funk, BSN, RN</i> <i>Missouri State Board of Nursing</i> This session will provide you with tools, resources, and requirements to help navigate in your position as a nurse who supports people with developmental disabilities.</p>	<p>HEAD INJURY AND AGING <i>Donna Gunning, MEd, CRC, LPC</i> <i>The Center for Head Injury Services</i> Understand the cognitive deficits as a result of a brain injury and the functional limitations that impact the person. Learn compensatory strategies to support the individual's functional losses to successfully live in their community.</p>

4:30 Conference concludes for the day



Tuesday, May 23

8:00 Registration/Exhibitors

8:30 KEYNOTE ADDRESS: CAREGIVER STRESS

MAX ZUBATSKY, PHD, LMFT, DEPARTMENT OF FAMILY AND COMMUNITY MEDICINE, SAINT LOUIS UNIVERSITY

Although healthcare providers work with families and primary caregivers in their everyday practice, little is offered regarding follow-up services and interventions for this population. Learn how to apply principles, interventions, techniques, and provide resources, to caregivers.



Dr. Max Zubatsky

9:30 Break

9:45 Breakout Session I

BASIC TRACK A	PROFESSIONAL TRACK B	MEDICAL TRACK C	POTPOURRI TRACK D
<p>DEMENTIA AND INTELLECTUAL DISABILITY <i>Janis McGillick, MSW, LNHA</i> <i>Dolan Memory Care Homes</i></p> <p>Learn about detection screening assessments and how to adapt activities and care for people with intellectual disabilities and dementia.</p>	<p>CO-OCCURRING DD AND MI: SUPPORT TEAM DEVELOPMENT <i>Cynthia L. Mueller, PhD</i> <i>Licensed Psychologist</i></p> <p>Learn about changes, current statistics, and best practices for supporting people with co-occurring disorders.</p>	<p>BEYOND NURSING 101: SPECIALIZING IN DEVELOPMENTAL DISABILITIES <i>JoAnn Russell-Baum, RN, BSN</i> <i>Human Rights Authority, State of Illinois</i></p> <p>Learn best practices in providing nursing supports in community settings for people with developmental disabilities.</p>	<p>DISASTER PREPAREDNESS FOR CAREGIVERS <i>Joanne Langan, PhD, RN, CNE</i> <i>Saint Louis University School of Nursing</i></p> <p>Learn key actions to take to prepare yourself and those for whom you are responsible for disaster events.</p>

10:45 Break

11:00 Breakout Session II

BASIC TRACK A	PROFESSIONAL TRACK B	MEDICAL TRACK C	POTPOURRI TRACK D
<p>LAUGHTER YOGA <i>Susan Tebb, PhD, MSW, RYT-200</i> <i>Saint Louis University School of Social Work</i></p> <p>In this participatory session, gain knowledge of using yoga with laughter to bring awareness to body, mind, and spirit. Our goal: To keep aging individuals and caregivers healthy.</p>	<p>CO-OCCURRING DD AND MI: SUPPORT TEAM DEVELOPMENT <i>Cynthia L. Mueller, PhD</i> <i>Licensed Psychologist</i></p> <p>This session is designed as a continuation of Co-Occurring DD and MI, utilizing case studies.</p>	<p>CANCER SCREENING FOR ELDERLY PATIENTS AND PATIENTS WITH DISABILITIES <i>Kevin T. Palka, MD</i> <i>Saint Louis University Cancer Center</i></p> <p>Recognize early signs and know when to seek cancer assessment/treatment. Prepare yourself and the person you support to provide information that the doctor will need.</p>	<p>PREVENTING PROBLEM BEHAVIORS AND PROMOTING DESIRABLE BEHAVIORS <i>Teresa A. Rodgers, PhD, BCBA-D, LBA</i> <i>MO DMH/Division of DD</i></p> <p>Learn to identify primary prevention strategies that both promote healthy behaviors and prevent problem behaviors.</p>

12:00 Lunch and Award Presentations

1:15 Breakout Session III

BASIC TRACK A	PROFESSIONAL TRACK B	MEDICAL TRACK C	POTPOURRI TRACK D
<p>PEELING COUCH POTATOES AWAY FROM THE TV <i>Carol Crebs, BSBA, Board Member, AADD; and Tammy Stevens, AADD</i></p> <p>Motivate, energize, and inspire staff, create resources inside and outside of home, and develop a plan for home and community engagement.</p>	<p>MONEY FOLLOWS THE PERSON <i>Julie Lamons</i> <i>Department of Social Services/MO Healthnet Division</i></p> <p>Learn the conditions of participation for "Money Follows the Person" and determine eligibility, benefits, and resources for the people you serve.</p>	<p>PREADMISSION SCREEN AND RESIDENT REVIEW - PASRR 101 <i>Kathryn Schafer, RN, BA</i> <i>MO Department of Mental Health</i></p> <p>What is PASRR and how will it help you? Learn its purpose, history, staff requirements and responsibilities, appeal process, and the new CMS Long Term Care rules.</p>	<p>REDUCING DISABILITY IN DEMENTIA (RDAD) <i>Kelli Barton, PhD, UMKC Institute for Human Development; Michelle Niedens, LCSW, Alzheimer's Association, Heart of America Chapter; Amanda George, MEd, EITAS, Developmental Services of Jackson County</i></p> <p>Learn about this collaborative, evidence-based exercise and behavioral management program.</p>

2:15 Break

2:30 POSTNOTE: LET'S HARMONIZE OUR DAY: MUSIC THERAPY WITH ADULTS WITH DEVELOPMENTAL DISABILITIES

TERESA C. STAMEY, MT-BC, MIDWEST MUSIC THERAPY SERVICES, INC.

How can music be a therapeutic tool? Learn research-based information on how music is processed in the brain and why this creates successful therapeutic outcomes. Explore various music therapy techniques/interventions including drumming, vocalization, movement, and songs and how they work.

3:30 Conference concludes

The conference planning committee has selected speakers who are experts in their field. Speakers are solely responsible for the content of their presentation.

27th Annual AADD Conference Registration Form



CLICK HERE TO REGISTER ONLINE

Name _____ Job Title _____

Organization _____

Home or Business Address _____

Email _____ Telephone (____) _____

By May 4, 2017, submit any special needs or accommodation requests (including dietary) by listing here:

Registration Fee (includes instruction, materials, and lunch)

- \$195 Conference Fee (early registration)
- \$ 35 Additional Fee if Requesting CEUs
- \$215 Conference Fee for registrations received after May 4, 2017.
- \$185 Conference Fee per person for organizations sending 5 or more participants
- \$140 Self Advocate Fee (sessions designated for consumers run concurrently.)

Please check the sessions you will attend and circle the breakouts of your choice.

Day One: Monday, May 22nd

Day Two: Tuesday, May 23rd

- Keynote
- Breakout Session I: A B C D
- Breakout Session II: A B C D
- Breakout Session III: A B C D
- Breakout Session IV: A B C D

- Keynote
- Breakout Session I: A B C D
- Breakout Session II: A B C D
- Breakout Session III: A B C D
- Postnote

Please duplicate this form and submit a separate registration form for each participant or register online. No refunds after May 12, 2017. Please visit our website at www.agingwithdd.org for more information.

Amount Enclosed \$ _____ Purchase Order # _____

Please make checks payable to AADD and send to 2385 Hampton, Suite 110, St. Louis, MO 63139

Contact Hours Pending Approval:

- 10 CEU Contact Hours for Missouri Nurses.
Saint Louis University School of Nursing is an approved provider of continuing nursing education by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.
Midwest MSD provider #118-II Nursing Contact Hours: pending
- 10 Social Work Clock Hours for Missouri Social Workers. *Application has been submitted to the NASW-Missouri Chapter and is pending for pre-approval of Social Work clock hours.*
- 10 MO Nursing Home Administrators Contact Hours
- 10 CEU Hours for Illinois LNHA, LCPC, LPC, LSW, PT, OT, QIDP, RN

For more information regarding contact hours, please call Pamela Merkle at 314-647-8100. All attendees will receive a certificate of attendance upon request.

Discounted hotel accommodations are available until **May 1st** at Embassy Suites, call 800-560-7782 and refer to room block for AAD or visit www.historicstcharles.com for additional accommodations and area attractions.

Registration includes consent for the Association on Aging with Developmental Disabilities to use your name, picture, likeness, film clip, voice recording, and other media-based material to develop marketing materials to be used by AADD. You may revoke this authorization by initialling here: _____

CLICK HERE TO RESERVE YOUR HOTEL ROOM ONLINE

Questions?
Call (314) 647-8100 or email agingwithdd@msn.com